## WorkLife Wellbeing Upcoming Sessions

## Hunger Free & Basic Needs

MSU Meets the Food & Nutrition Needs of Students and Staff

Sept. 10 1 to 2 p.m.



## Restoring Our Energy

Collective Care in Higher Education

Oct. 8 1 to 2 p.m.



## Al at Work:

Tools, Tips, and Tensions

Nov. 12 1 to 2 p.m.





