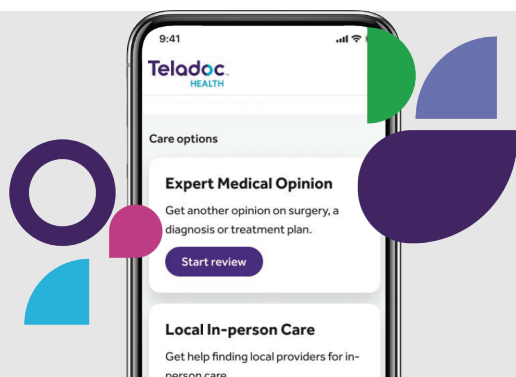


## Expert Medical Opinion: What to know about this benefit



### Do you or a covered dependent:

- Feel unsure about a diagnosis and need help choosing the right care?
- Have medical questions or concerns about treatment options and want advice from an expert?
- Need help from a provider after being admitted to the hospital?

**The Expert Medical Opinion benefit gives you access to U.S. board-certified internists, family doctors, pediatricians, and more from the comfort of your home. They provide expert medical guidance that's personalized just for you, so you can get the answers you need to make the best decisions about your health. These leading medical specialists average 20 years of experience across 450 specialties and are licensed to practice in your state. Of those who have used this benefit:**

<b>72%</b> get different treatment plans	<b>37%</b> get improved diagnoses	<b>37%</b> avoid unnecessary surgery
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- **When should you use Expert Medical Opinion?** You should use this service when you or someone covered by your plan benefits are unsure about a diagnosis or need help choosing the right care. Big or small, Teladoc Health's leading medical specialists can help you with any medical issues you might be facing. If you have medical questions or are in the hospital and want recommendations/a second opinion from an expert, this could be for you. Health issues could include high cholesterol, diabetes, joint/back pain, migraines, heart disease, cancer, head injuries, surgeries, fertility and more.
- **How does the process work?** Once a case is opened, you will get matched with a leading clinical provider who will take the time to listen to your concerns. They get your medical records, images, or other information related to your case from your current doctor(s) so you don't have to. Teladoc Health's specialists will look over your case and work with you to give you a clear diagnosis and treatment plan that's right for you. They guide you through every step in the process and check in with you along the way. You will receive a report with the advice so you can make confident decisions.
- **How much does Expert Medical Opinion cost?** You or anyone covered by this benefit will not have to pay for anything when you use this service. If the Teladoc Health clinical provider recommends tests and treatment options, those costs will depend on what is covered through your insurance.
- **How do I request an Expert Medical Opinion?** You can download the Teladoc Health app by scanning the QR code below, call 1-855-380-7828, or visit [TeladocHealth.com/Medical-Experts](https://TeladocHealth.com/Medical-Experts).

**Call 1-855-380-7828**  
Visit [teladoc.com](https://teladoc.com) | Download the app  

