Michigan State University Graduate Assistant Health Plan

Coverage for: Individual + Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, see http://www.abs-tpa.com and/or call 1-833-239-1273. For definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.cciio.cms.gov or call 1-833-239-1273 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall	Olin Health Center: None. In-Network: Individual \$125; Family \$250. Out-of-	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay.
<u>deductible</u> ?	Network: Individual \$250; Family \$500.	If you have other family members on the <u>plan</u> , each individual must meet their own <u>deductible</u> before the <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	Yes. In-network: Lab, preventive care emergency services, some prescription drugs, and Olin Health Center visits are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Olin Health Center and In-Network (Combined): Individual \$1,500; Family \$3,000. Out-of-Network: Individual \$2,300; Family \$4,600.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Penalties for failure to obtain pre- authorization for services, premiums, balance-billing charges, health care this plan doesn't cover, pediatric vision	Even though you pay these expenses, they don't count toward the out-of-pocket limit.

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Important Questions	Answers	Why This Matters:
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.aetna.com/docfind or call 1-800-859-8452 for a list of innetwork providers .	You pay the least if you use a <u>provider</u> at <u>Olin Health Center</u> for available services. You may pay more if you use a <u>provider</u> in your <u>Network</u> . You will pay the most if you use an <u>out-of- network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan pays</u> (balance billing). Be aware, your <u>network provider might use an out-of-network provider for some services (such as lab work). Check with your <u>provider before</u> you get services.</u>
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> . However, we will assign an <u>Olin Health Center</u> physician as primary care. You may change your <u>primary care physician</u> at your discretion.

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

		MSU Student	What You Will Pay		
Common Medical Event	Services You May Need	Health Services at Olin Health Center	In-Network Coverage	Out-of-Network Coverage	Limitations, Exceptions, & Other Important Information
lf vo viole	Primary care visit to treat an injury or illness	\$15 <u>copay</u> /visit Deductible does not apply.	\$15 <u>copay</u> /visit	Deductible + 20% coinsurance	Copay includes all related charges provided at health care provider's office.
	Specialist visit	\$15 copay/visit Deductible does not apply.	\$15 <u>copay</u> /visit	Deductible + 20% coinsurance	See above.
If you visit a health care provider's office or clinic	Preventive care/screening/immunization	No charge; deductible does not apply.	No charge; deductible does not apply.	Deductible + 20% coinsurance	Well child visits covered. Maximum number of visits may apply. You may have to pay for services that aren't considered preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.

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		MCII Ctudout	What You Will Pay		
Common Medical Event	Services You May Need	MSU Student Health Services at Olin Health Center	In-Network Coverage	Out-of-Network Coverage	Limitations, Exceptions, & Other Important Information
If you have a test	Diagnostic test (x-ray, blood work)	No charge	Deductible + 5% coinsurance Deduct	Deductible + 20% coinsurance	Select services available at Olin Health Center and are covered in full. May require preauthorization. No charge and deductible does not apply for lab services
	Imaging (CT/PET scans, MRIs)	Not available	Deductible + 5% coinsurance	Deductible + 20% coinsurance	May require <u>preauthorization</u> .
If you need	Preferred generic drugs	\$10 <u>copay</u> (30-day sup Deductible does not ap	ply) / \$20 copay (90-day : ply.	You are required to use generic if available. If brand is chosen, you must pay 100% of the difference between generic and brand. Limited to 30-day retail supply & 90-day	
drugs to treat your illness or condition More information	Preferred brand drugs	\$30 <u>copay</u> (30-day supply) / \$60 <u>copay</u> (90-day supply) Deductible does not apply.			retail supply. In-network pharmacy and CVS Caremark are subject to In-network out-of-pocket limit.
about prescription drug coverage is available at https://www.aetn a.com/individuals -families/find-a- medication/2024- aetna-advanced- control-plan.html	Non-preferred brand drugs	\$60 copay (30-day supply) / \$120 copay (90-day supply) Deductible does not apply.			Out of Network pharmacy is subject to Out of Network <u>out-of-pocket limit</u> . Certain specialty pharmacy drugs are considered non-essential health benefits and fall outside the <u>out-of-pocket limits</u> . The cost of these drugs (though reimbursed by the manufacturer at no cost to you) will not be applied towards satisfying your <u>out-of-pocket</u> maximums.
<u>control plan.nam</u>	Preferred and non- preferred Specialty drugs	\$75 <u>copay</u> Deductible does not apply. Not Covered			Limited to 30-day supply. Prior authorization required.
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	Not available	Deductible + 5% coinsurance	Deductible + 20% coinsurance	Pre-certification required for Hospital Observations.
surgery	Physician/surgeon fees	Not available	No charge	Not covered	None

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		MSU Student	What You Will Pay		
Common Medical Event	Services You May Need	Health Services at Olin Health Center	In-Network Coverage	Out-of-Network Coverage	Limitations, Exceptions, & Other Important Information
	Emergency room care	Not available	\$50 copay + 5% coinsurance Deductible does not apply.	\$50 copay + 5% coinsurance Deductible does not apply.	Non-emergency services are covered but
If you need immediate medical attention	Emergency medical transportation	Not available	5% coinsurance Deductible does not apply.	5% coinsurance Deductible does not apply.	are subject to <u>deductible</u> and <u>coinsurance</u> .
	Urgent care	Not available	Deductible + 5% coinsurance	Deductible + 20% coinsurance	Copay includes all related charges provided at the urgent care facility.
If you have a	Facility fee (e.g., hospital room)	Not available	Deductible + 5% coinsurance	Deductible + 20% coinsurance	Pre-certification required.
hospital stay	Physician/surgeon fees	Not available	No Charge	Not Covered	None
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$15 <u>copay</u> Deductible does not apply.	Office visits: \$15 copay All other outpatient services: Deductible + 5% coinsurance	Mental health & behavioral health office visits: \$15 copay after deductible All other outpatient services to include substance abuse services: Deductible + 20% coinsurance	Some services may require prior authorization.
	Inpatient services	Not available	Deductible + 5% coinsurance	Deductible + 20% coinsurance	Pre-certification required.

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		MSU Student	What You Will Pay		
Common Medical Event	Services You May Need	Health Services at Olin Health Center	In-Network Coverage	Out-of-Network Coverage	Limitations, Exceptions, & Other Important Information
	Office visits	Not available	Covered Deductible does not apply.	Deductible + 20% coinsurance	Cost sharing does not apply for preventive services. Depending on the type of service, a copayment may apply.
If you are	Childbirth/delivery professional services	Not available	Deductible + 5% coinsurance	Deductible + 20% coinsurance	Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). Pre-certification is required
pregnant	Childbirth/delivery facility services	Not available	Deductible + 5% coinsurance	Deductible + 20% coinsurance	for vaginal deliveries requiring more than a 48-hour stay and for cesarean section deliveries requiring more than a 96-hour stay, or no benefits are paid.
	Home health care	Not available	Deductible + 5% coinsurance	Deductible + 20% coinsurance	Pre-certification required.
	Rehabilitation services	\$15 copay Deductible does not apply.	\$15 copay + 5% coinsurance	Deductible + 20% coinsurance	
If you need help recovering or have other special health needs	Habilitation services	Physical Therapy: \$15 copay Deductible does not apply.	Applied Behavior Analysis (ABA) - \$15 copay Physical, Occupational, Speech Therapy (PT/OT/ST - \$15 copay + 5% coinsurance	Deductible + 20% coinsurance	Only physical therapy services are available at Olin Health Center. Olin Health Center does not offer speech or occupational therapy.
	Skilled nursing care	Not available	Deductible + 5% coinsurance	Deductible + 20% coinsurance	Services require prior authorization.

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		MSU Student	What You Will Pay		
Common Medical Event	Services You May Need	Health Services at Olin Health Center	In-Network Coverage	Out-of-Network Coverage	Limitations, Exceptions, & Other Important Information
If you need help recovering or have other special health needs	Durable medical equipment	Olin Health Center has certain DME items available. Member out-of- pocket costs apply.	Deductible + 5% coinsurance	Not covered	Certain exclusions apply.
neeus	Hospice services	Not available	Deductible + 5% coinsurance	Deductible + 20% coinsurance	None.
	Children's eye exam	Not available	Covered Deductible does not apply.	Difference between the Aetna approved amount and the amount charged by the provider	Limited to covered dependent children of the student once in a calendar year through the end of the year in which they turn 19.
If your child needs dental or eye care	Children's glasses	Not available	Covered Deductible does not apply.	Difference between the Aetna approved amount and the amount charged by the provider	1 routine eye exam/plan year to age 19. 1 pair of glasses or lenses/plan year to age 19. 19.
	Children's dental check-up	Not available	Contact your benefit administrator for coverage information	Not covered	None

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Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Cosmetic surgery
- Dental care (adult)
- Gene-based, cellular, and other innovative therapies
- Hearing aids, unless due to covered injury or illness
- Long-term Care
- Non-emergency care when travelling outside the U.S.
- Private Duty Nursing
- Routine eye care (adult)
- Routine foot care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Bariatric surgery (medical necessity only)
- Chiropractic care

- Gender affirming treatment
- Infertility (For more information & exceptions, see policy document)
- Weight loss programs

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. For more information on your rights to continue coverage, contact the plan at 1-833-239-1273. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa/healthreform, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact the plan at 1-833-239-1273. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa/healthreform, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov. You may be able to contact your state department of insurance for assistance. A list of states with Consumer Assistance Programs is available at: https://www.dol.gov/agencies/ebsa/laws-and-regulations/laws/affordable-care-act/for-employers-and-advisers and http://www.cms.gov/CCIIO/Resources/Consumer- Assistance-Grants/

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-833-239-1273.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-833-239-1273.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-833-239-1273.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-833-239-1273.

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To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$12
■ Specialist copayment	\$1
■ Hospital (facility) coinsurance	5%
■ Other coinsurance	5%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700
In this example, Peg would pay:	
Cost Sharing	
<u>Deductibles</u>	\$100
Copayments	\$30
Coinsurance	\$400
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$590

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$125
■ Specialist copayment	\$15
■ Hospital (facility) coinsurance	5%
Other <u>coinsurance</u>	5%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

<u>Diagnostic tests</u> (blood work)

<u>Prescription drugs</u>

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600
In this example, Joe would pay:	
Cost Sharing	
<u>Deductibles</u>	\$100
Copayments	\$600
Coinsurance	\$30
What isn't covered	
Limits or exclusions	\$20
The total Joe would pay is	\$750

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$125
■ Specialist copayment	\$15
■ Hospital (facility) coinsurance	5%
■ Other coinsurance	5%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
In this example, Mia would pay:	
Cost Sharing	
<u>Deductibles</u>	\$100
<u>Copayments</u>	\$100
<u>Coinsurance</u>	\$70
What isn't covered	1
Limits or exclusions	\$0
The total Mia would pay is	\$270