Below is a brief summary of the benefits for this plan. For more details, visit hr.msu.edu/benefits/graduate-assistants/index.html or call MSU Human Resources at 517-353-4434 or 1-800-353-4434.

Your health plan also includes the following:

**Comprehensive affordable coverage**
- Preventive care covered at 100% with no deductible, copayment or coinsurance
- Prescription coverage
- Low out-of-pocket costs when you get care from MSU Student Health Services at Olin Health Center
- Premiums paid by MSU, with additional annual stipend for dependents

**Coverage that travels**
- Emergency care anywhere in the world
- BlueCard® access to hospitals and doctors across the country who participate with Blue plans

**Online and phone resources**
- Tools at bcbsm.com to help you manage your coverage
- Call 1-800-287-4103 to speak with an experienced Blue Care Network Customer Service representative who can answer your benefit questions

**Who’s eligible for this plan?**
MSU will cover the cost of the health plan for the Graduate Assistant. The premium for spouses/other eligible individuals, and eligible dependents of Graduate Assistants are partially funded by Michigan State University. MSU will contribute $2,500 per academic year toward the cost of a spouse/OEI or child, and $2,700 per academic year toward the cost of a spouse/OEI and one or more children. The MSU contribution amount is prorated based on dependents enrolled, as well as, the enrollment period.

### Enrollment dates and Coverage period

<table>
<thead>
<tr>
<th>Enrollment period</th>
<th>Enrollment opens</th>
<th>Enrollment deadline</th>
<th>Effective date</th>
<th>Termination date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fall</td>
<td>July 26, 2022</td>
<td>Sept. 30, 2022</td>
<td>Aug. 16, 2022</td>
<td>Feb. 15, 2023</td>
</tr>
<tr>
<td>Spring I</td>
<td>Dec. 1, 2022</td>
<td>Feb. 28, 2023</td>
<td>Jan. 1, 2023</td>
<td>Aug. 15, 2023</td>
</tr>
<tr>
<td>Spring III</td>
<td>April 17, 2023</td>
<td>June 30, 2023</td>
<td>May 16, 2023</td>
<td>Aug. 15, 2023</td>
</tr>
<tr>
<td>First quarter</td>
<td>July 26, 2022</td>
<td>Sept. 30, 2022</td>
<td>Aug. 16, 2022</td>
<td>Nov. 15, 2022</td>
</tr>
<tr>
<td>Second quarter</td>
<td>Oct. 17, 2022</td>
<td>Nov. 30, 2022</td>
<td>Nov. 16, 2022</td>
<td>Feb. 15, 2023</td>
</tr>
<tr>
<td>Fourth quarter</td>
<td>April 17, 2023</td>
<td>June 30, 2023</td>
<td>May 16, 2023</td>
<td>Aug. 15, 2023</td>
</tr>
</tbody>
</table>

**Note:** Dependent coverage can’t exceed the graduate assistant coverage period.

If you have questions about your MSU Student Health Plan, contact any of the following:

**Plan eligibility:**
MSU Human Resources
517-353-4434
Email: SolutionsCenter@hr.msu.edu
Web: hr.msu.edu/benefits/graduate-assistants/index.html

**Plan coverage:**
Blue Care Network
1-800-287-4103

**Enrollment:**
bcbsm.com/msu

**MSU Olin Student Health Services**
To schedule an appointment, call:
517-353-4660
Email: olin@msu.edu
Web: olin.msu.edu

**Referrals:**
517-884-3556
Billing:
517-355-4516 or 517-355-4517
Getting care

* Primary care: MSU Student Health Services at Olin Health Center should be your first stop. The doctors there can provide routine health services or issue a referral for specialty care.

* Specialty care: Your MSU Student Health Services doctor will recommend special care should you need it. Check that your doctor is sending you to a specialist in BCN’s network to ensure you pay the least for care. You may need special approval from BCN for certain services and for services from specialists who aren’t part of your plan’s network.

* Important note regarding primary and specialty care: If you seek any care within 45 miles of the Olin Health Center, you must have a referral from MSU Student Health Services. Without the referral, your care won’t be covered. Dependent children under the age of 18 and COBRA members are exempt from the referral requirement.

* Women’s health services: Female members won’t ever need a referral to see a network gynecologist or obstetrician for annual well-woman visits and obstetrical care. Also covered are conditions that cause emotional or mental distress, such as life adjustment disorder care. Also covered are conditions that cause you to need special care. You may need special approval from BCN for it. Check that your doctor is sending you to a specialist you have reason to believe will provide routine health services or issue a prescription for durable medical equipment for Blue Care Network.

* Special care: Your doctor will recommend special care should you need it. To sign up, visit bcbsmonlinevisits.com, click Find a Doctor, then GET STARTED. After selecting your plan, type “urgent health care” in the search box and enter your location.

* Urgent care: To locate an urgent care facility near you, go to bcbsm.com, click Find a Doctor, then GET STARTED. After selecting your plan, type “urgent health care” in the search box and enter your location.

* Emergency care: In a life-threatening situation or medical emergency, call 911 or go directly to the nearest hospital emergency room.

**CALL US**

Customer Service 1-800-287-4103 | TTY users 711 8 a.m. to 5:30 p.m. Monday through Friday

Behavioral health services 1-800-482-5982

BlueCard care while you travel 1-800-810-BLUE (2583)

Diabetic supplies (J&B Medical Supply Company)* 1-888-896-6233

Chronic Condition Management nurse line 1-800-392-4247

Durable medical equipment (Northwood*) 1-800-667-8496

Laboratory (Joint Venture Hospital Laboratories**) 1-800-445-4979

24-Hour Nurse Advice line 1-855-624-5214

*J&B Medical Supply Company is an independent company that provides diabetic materials for Blue Care Network.

**Northwood is an independent company that provides durable medical equipment for Blue Care Network.

***JHL is an independent company that provides lab services for Blue Care Network.

We speak your language.

If you, or someone you’re helping, needs assistance, you have the right to get help and information in your language at no cost.

To talk to an interpreter, call the Customer Service number on the back of your card, or 877-469-2583, TTY: 711 if you are not already a member.

Si usted, o alguien que usted está ayudando, necesita asistencia, tiene derecho a obtener ayuda y información en su idioma sin costo alguno. Para hablar con un intérprete, llame al número telefónico de Servicio al cliente, que aparece en la parte trasera de su tarjeta, o 877-469-2583, TTY: 711 si usted todavía no es un miembro.

Be sure to check they are sending you to a specialist you have reason to believe will provide routine health services or issue a prescription for durable medical equipment for Blue Care Network.

Getting care. You don’t need a referral, but you’ll pay more. To sign up, visit bcbsmonlinevisits.com, click Find a Doctor, then GET STARTED. After selecting your plan, type “urgent health care” in the search box and enter your location.

*U.S. only. Remember to coordinate all care through your primary care provider.

Se tu o qualcuno che stai aiutando avete bisogno di assistenza, hai il diritto di ottenere aiuto e informazioni nella tua lingua gratuitamente. Per parlare con un interprete, rivolgiti al Servizio Assistenza al numero indicato sul retro della tua scheda o chiamando 877-469-2583, TTY: 711 se non già un membro.

Sei una persona, o hai qualcuno aiutato che ha bisogno di assistenza, hai il diritto di ottenere aiuto e informazioni nella tua lingua gratuitamente. Per parlare con un interprete, rivolgiti al Servizio Assistenza al numero indicato sul retro della tua scheda o chiamando 877-469-2583, TTY: 711 se non già un membro.

If you believe that Blue Cross Blue Shield of Michigan or Blue Care Network has failed to provide services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance in person, by mail, fax, or email at: U.S. Department of Health & Human Services, 200 Independence Ave., S.W., Washington, D.C. 20201, phone: 800-368-1019, TTD: 800-537-7697, email: OCRComplaint@hhs.gov. Complaint forms are available at http://www.hhs.gov/ocr/office/index.html.

Important disclosure

Blue Cross Blue Shield of Michigan and Blue Care Network comply with Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, or sex. Blue Cross Blue Shield of Michigan and Blue Care Network provide free auxiliary aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and information in other formats. If you need these services, call the Customer Service number on the back of your card, or 877-469-2583, TTY: 711 if you are not already a member.

If you believe that Blue Cross Blue Shield of Michigan or Blue Care Network has failed to provide services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance in person, by mail, fax, or email at: U.S. Department of Health & Human Services, 200 Independence Ave., S.W., Washington, D.C. 20201, phone: 800-368-1019, TTD: 800-537-7697, email: OCRComplaint@hhs.gov. Complaint forms are available at http://www.hhs.gov/ocr/office/index.html.

If you have any questions, please call 877-469-2583, TTY: 711, or visit https://ocrportal.hhs.gov/ocr/portal/lobby.jsf.